Diocese of Hereford

St Weonards Benefice



Iona-style Morning Prayer

Introductory prayer

The world belongs to God, the earth and all its people.

How good it is, how wonderful, to live together in unity.

Love and faith come together, justice and peace join hands.

Open our lips, O God, and our mouths shall proclaim your praise.

Confession

Holy God, maker of all, have mercy on us.

Jesus Christ, servant of the poor, have mercy on us.

Holy Spirit, breath of life, have mercy on us.

At the centre of our faith is the belief that God' goodness is at the heart of humanity, planted more deeply than all that is wrong. Let us in silence confess our faults and admit our frailty. (silence)

For the dullness of our vision, Father forgive.

For the weakness of our faith, Jesus forgive.

For the joylessness of our living, Spirit forgive.

Holy Three have mercy upon us; forgive us our sins, help us to seek, help us to see, help us to serve you.

Listen to the words of Jesus, words that we can trust: "Don't be afraid, your sins are forgiven. I love you. Come and follow me".

A Prayer for God's help

Move among us O God; give us life. Let your people rejoice in you.

Make our hearts clean within us. Renew us in mind and spirit.

Give us again the joy of your help.

With your spirit of freedom, sustain us.

The Collect for the day, (as sent on the weekly email)

The Readings for the day, (as sent on the weekly email)

The Gospel for the day, ((as sent on the weekly email)

At the end of the readings:
For the word of God in Scripture,
for the word of God among us,
for the word of God within us,
Thanks be to God.

A Short Reflection (as sent on the weekly email)

Our Affirmation of Faith

We believe in God the Father, from whom every family in heaven and on earth is named.

We believe in God the Son, who lives in our hearts through faith, and fills us with his love.

We believe in God the Holy Spirit, who strengthens us with power from on high.

We believe in one God; Father, Son and Holy Spirit. Amen.

Let us pray:

You may like to:

give thanks for something good that has happened for you.

pray for someone you know who is in trouble of some sort

pray for your friends and family

remember someone who has died.

The Lord's prayer

Our Father in heaven,
hallowed be your name; your kingdom come;
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation,
but deliver us from evil.
For the kingdom, the power
and the glory are yours
now and for ever. Amen.

Closing prayer

O God, you have set before us a great hope that your kingdom will come on earth, and have taught us to pray for its coming. Make us ready to thank you for the signs of its dawning, and to pray and work for the perfect day when your will shall be done on earth as it is in heaven. In the name of Jesus Christ. Amen.

May the blessing of the God of life be ours, the blessing of the loving Christ be ours, the blessing of the Holy Spirit be ours, to cherish us, to help us, to make us holy.

Let us go in peace to love and serve the Lord.
Thanks be to God!