

St Weonards, Garway, Orcop, Pencoyd,
Tretire, Michaelchurch, Hentland and Hoarwithy

PARISH NEWS

July/August 2020



Pat Macrae

"Why you wanna fly Blackbird" - Nina Simone

Revd Elizabeth Cathie
Vicar of the St Weonards,
Group of churches,
The Vicarage, Mount Way
St Weonards, Herefordshire
HR2 8NN 01981 580137
ejcathie@btinternet.com

Revd Frances Phillips,
Associate Priest of the St Weonards
Group of churches,
New House, Garway Hill,
Herefordshire HR2 8EZ
01981 240032 email:
franjphillips@gmail.com

For more information on what is going on within our parishes, go to www.stw.org.uk

Magazine News

Since the previous newsletter/magazine, the gradual easing of the lockdown has begun. This is such good news, but it also brings its own challenges as we endeavour to follow the guidelines which are changing fast! What is exciting is that for the first time for a long time we actually have a live event to announce!

We were sad to hear of the death of Reverend Peter Hackett who was the vicar here in the 70s. We are so glad that Ginny Thornley, his daughter, has written his obituary below.

Our churches are gradually opening, and our parish life continues as usual as we share worship at Sunday Zoom services. If you are not receiving the information on these services and would wish to, please email Frances Philips or Stephen Herbert for more information or look on the parish website. <https://www.stw.org.uk/news/>

Please see Frances's request for picture for the Lammas Service in August

For the future, we plan to return to circulating hard copies of the magazine, with all the usual information about events. However, we will probably need to have it printed and collated commercially which will be more expensive. We hope that you feel that it has been informative and good value, and will accept an increase in the cost when necessary. We will let you know when we have decided on the best way forward for our publication in the future.

As before, we are putting a few hard copies in St Weonards Shop and Broad Oak Garage for those who do not have access to the internet. Please take a copy to anyone you know who needs one, but we have only printed a few! Enjoy your reading and keep writing for next time! **Fiona Mynors**

Vicar's Letter

Hello Everyone,

As we continue our journey through these weeks of pandemic we are all learning how we might each in his or her own way embrace the road we find ourselves on which is, for all of us, a road not of our choosing. Some will be yearning for greater contact with other people; others will be rejoicing in a greater solitude. Some will be longing for their old familiar patterns and routine to be re-established, soon; others will be very clear that their old way of living is not to be picked up again, life has a renewed meaning now. Some will be feeling a deep sense of disconnectedness from family and friends, which brings sadness and longing; others will have come to realise that relationships have deepened and flourished in recent weeks.

We may all be 'in this together', as our politicians tell us so earnestly, but the truth is that we're all experiencing lockdown differently. Probably we're all experiencing lockdown differently on different days as well, or at different times during the same day. Maybe the day looks pretty good when we wake up; our mind is filled with plans of what we will accomplish that day – hours of fruitful gardening, wonderful lessons with the children, phone calls to neglected friends, sorting out the detritus of months or years. And then by lunchtime (maybe sooner) our day has collapsed around us and all tasks must be reallocated to another day.

Or perhaps the day seems most unpromising from the start and we spend the morning mooching about, reading the paper, looking at the computer screen as if inspiration will pour forth from it; but then rather late in the day, perhaps after a little walk and another cup of tea supported by a couple of chocolate biscuits, inspiration finds us and together we become creative and productive with those mountain tasks which now seem eminently climbable. And we rejoice that energy has returned to us bringing its friend enthusiasm with it.

Two sentences from the bible came to mind when I was pondering this, and I share them with you. Here they are.

'An anxious heart weighs a person down, but a kind word cheers him up.'

(Proverbs 12 verse 25)

'Make sure that nobody pays back wrong for wrong, but always try to be kind to each other, and to everyone else.' (1 Thessalonians 5 verse 15)

Kind words, kind deeds, kindness. Knowing that this person or that person may not be on top form this day - and being kind to them. Seeing someone whose energy for the task at hand is depleted, and sending them a kind word. Recognising that this day we are a little battered by life, a little broken by emotions - and spinning that same web of kindness around our self.

Surely that's what's going to be one of the great forces for good in these strange times that we're living through? Kind words, kind deeds, kindness.

Blessings, **Elizabeth**

Opening our churches

Back in the middle of March many of us were deeply upset, even angry, at the closure of our churches – along with the closure of places of worship important to those of other faiths. It seemed wrong that places where people could go to spend a little time alone, to pray or meditate or ponder, and where we gathered week by week to share in worship together, should be made inaccessible. With no notion back then of how long this closure would last we followed the rules and shared in the nation's – indeed the world's – endeavour to keep people safe.

Now we have been permitted to open the churches once again. Most have been cleaned and aired and people may enter individually or with members of their household to engage in private prayer. (*More details under each parish section*) If you're able to be out and about then I encourage you to pay a visit to your church. They are places of prayer and they need people to pray in them. Also, we are people of prayer and although we may pray anywhere, and many do pray in their own home, the churches contain and hold our prayers along with the prayers of the generations of Christians who have worshipped in them before us.

Very soon I hope that we will be allowed, once again, to hold our regular services in the churches, along with those occasions which are so important to our communities – weddings, baptisms, and funerals. It's impossible to say now what the weeks and months to come will hold for us. Will we be able to hold harvest services or carol services? How will Remembrance Sunday look? How will Christmas look?

Everything is uncertain. Patience is needed – and hope and trust and faith. We all need the many gifts of faith to guide us and carry us through the coming months. Here is a prayer by Stephen Cherry (Dean of King's College, Cambridge) calling on our God to offer to us those gifts.

Prayer for many gifts

Give me, O Lord,
a calm soul and a clear head,
a broad mind and a generous spirit.

Give me,
a warm heart and a listening ear,
my true voice and a gentle touch.

Give me,
a hunger for justice and a thirst for peace,
a passion for truth and a love of mercy.

Give me,
a painter's eye and a poet's tongue,
a saint's patience and a prophet's hope.

Give me,
a sage's wisdom and a fool's delight,
a pilgrim's purpose and an angel's content.

Reverend Elizabeth Cathie

Services

21 June	10.00	All Age Worship	F. Mynors & A. Herbert	Zoom
28 June	10.00	Holy Communion	Rev E Cathie & Rev Dr F Phillips	Zoom
5 July	10.00	All Age Worship	F. Mynors & A. Herbert	Zoom
5 July	10.00	Morning Prayer	P. Pember (reflection provided)	Zoom
12 July	10.00	Holy Communion	Rev Dr F Phillips & Rev E Cathie	Zoom
19 July	10.00	All Age Worship	F. Mynors & A. Herbert	Zoom
19 July		Deanery service	TBC	
26 July	10.00	Holy Communion	Rev E Cathie & Rev Dr F Phillips	Zoom
2 August	10.00	Lammas Service with Holy Communion		You tube
30 August		Deanery service	TBC	

For the Communion services on June 28th, July 12th and July 26th, the link to join in the service will be sent out at 9.45am to everyone who has asked to be included, so if you have not attended the service before, please send a note to Frances at franjphillips@gmail.com with the email address you wish to use.

For the All Age Services on 21st June and 5th and 19th July, the link to join the service will be sent out at 9.45am to everyone who has asked to be included, so if you have not attended the service before, please send a note to Stephen Herbert at (stweonardspcc@gmail.com)with the email address you wish to use.

Lammas 'Service in the Wood'.



On August 2nd, we will be celebrating the traditional country festival of Lammas—our thanksgiving for the first-fruits of the harvest, with a blessing of our animals. For many years now, we have held this service out of doors, in the woods around St Weonards or Garway Hill, but sadly, this year that will not be possible. Actually, it could be a blessing in disguise—2 years ago, we held the service amidst the heaviest downpour of the summer, with a

few of us huddled together under a very inadequate gazebo, trying to keep hymn sheets from going soggy and to protect the electric keyboard from flood, with bedraggled dogs wondering when they could go home!

This year it will be a bit different: we are going to build another YouTube service for the occasion, and so we need your help, please.

Firstly, what 'fruits' would you like to give thanks for? Do you have a garden full of beauty and produce which you might share by sending a photo? Are there 'fruits' of the lockdown which you are proud of? Tidying, cleaning, redecorating, mending (the cupboard where we keep our muddy wellies had its first spring clean for 20 years, and I can see the pattern on the floor at last.....)

Or perhaps a craft project undertaken, a new language learned, a child home-schooled? Could you send a picture to be included in the service?

Secondly, the animals: part of the celebration is to give thanks for the enjoyment and companionship we have from our pets, along with the essential part animals play in providing us with food. Do you have an animal in or near your home you would like to give thanks for? Would you take a photo of yourself with your chum to be part of the service? It's important that we can see you too—you know how much we have all enjoyed seeing each other's faces in our services during the lockdown.

So—please get busy with your camera or phone, and send me some pictures. I know it's a little way off, but do it now, before you forget!

Thank you! *Frances franjphillips@gmail.com*

The Rev Peter Hackett. 16th Feb 1925 – 16th May 2020.

Peter Hackett with his wife Glenys and their family came to live in the vicarage in St Weonards in 1975. His job title was: "Priest in charge of St. Weonards with Orcop, Pencoyd, Tretire, Michealchurch, Garway, Welsh Newton and Llanrothal."

Peter grew up on the outskirts of London. He attended the City of London School where he won a choral scholarship to the Temple Church Choir. He studied at Oxford before having a brief spell in the Navy. He then went on to study at The School of Oriental and African Studies. He spent a year in South East Nigeria living with Igbo speaking tribes and contributing to the writing of a book about African Dialects. He returned to England in 1952 and lectured at the school of Oriental and African Studies.

He was ordained in 1960 and together with his wife Glenys he lived and worked in Nottingham, Worcestershire, Herefordshire, Birmingham and Gloucestershire over the course of his career.

He came to St. Weonards in 1975 having been the Vicar Choral at Hereford Cathedral.

He and his family moved into the newly built vicarage in St Weonards and set about turning the garden from a builder's rubble yard into a manageable plot. They planted the apple and pear trees, some of which remain to this day, and landscaped the lawns adding steps to make two levels. They consulted with Sir Roger Mynors and planted trees at the bottom of the garden. These trees are now coming into maturity and are thriving.

Peter was a shy man – few people would have known this as he greeted everyone with the warmest of smiles. He had a wonderful sense of humour and an amazing ability to make a play on words. He was possibly the first vicar of St. Weonards to ever bring along and play a guitar in church. He could often be seen riding his moped along the country lanes between the various churches or visiting his parishioners.

He was at St Weonards for The Silver Jubilee celebrations, 1977, which took place on the school field. He enthusiastically took on the challenge of the greasy pole, pillow fight with Philip Thornley. His youngest daughter, Lucy, went to the village school.

He left the area in 1979 to move to an inner-city parish near Birmingham. His connection with St Weonards was always retained through his daughter Ginny who lives at Church Farm.

Peter and Glenys returned to Herefordshire after they retired, living at Lower Bullingham and later at Belmont. They regularly attended St. Martins Church Hereford. Due to ill health they moved to Gibraltar Nursing Home Monmouth in 2018. Glenys continues to live there.

Due to the current circumstances there will be a celebration of Peter's life at St Martins Church, Hereford at a later date. ***Ginny Thornley***

Some thoughts on George Floyd.

The death of George Floyd in Minneapolis a couple of weeks ago has prompted much soul-searching, reaction and thought. I want to offer three thoughts, not to inflame, make people feel guilty or to provoke.

My first thought is that Christianity should not be, indeed cannot be, racist. We had this debate in the early church when there was great discussion about whether Gentiles could become Christians or not. St. Paul points out in his letter to the Galatians CH3 verses 27 – 29. The old divisions have passed away once you become baptised.

My second thought is that we need to reflect this to the world. Our faith is something that is important to us and we are given a command, to make disciples of all the peoples of the world. So if Christianity is not racist, then we can't be either and we need to check ourselves for that culturally ingrained racism that sneaks in and despoils what is good.

My final thought is that history is always being re-written. It is often said that history is written by the victors, those who triumph in any war or campaign. And often it is. But we now have so many more resources and sources that we need to revisit our history, to recognise where we have distorted it and re-write it. A difficult and complex process that means we have to stand outside ourselves. Recognise our own culture for what it is, not what we would like it to be, and hear the voices of those who have traditionally been pushed to the side.

Rev Mark Johnson

Village Pages St Weonards

Church Opening

We are delighted that we can now open our churches for private prayer. St Weonards has been cleaned and Stephen Herbert has managed to source the necessary sanitisers and put up guidance for any visitors. The church will be open during the day and we ask that you follow the guidance posted in the church. Do feel confident to come and have some peaceful time in our church.

Although we cannot hold services in church, we are enjoying sharing our worship in our zoom services each Sunday at 10.00am. If you want more information about how to join, look on the benefice website or contact Frances or Elizabeth.

Fiona Mynors

Garway

An insight into life in Garway during lockdown.



Life has continued in Garway albeit at a slower pace and new routines have emerged as we all adjust to leading very different lives to those we were used to.

At the beginning of the pandemic The Garway Community Hub was established and distributed leaflets to every home in Garway. The idea was to encourage Garway folk to firstly work out where their immediate support network was, and maybe list phone numbers of who they would ring first if help was needed. If this network didn't work for whatever reason, then the Support Hub would step in and provide the help that was required. This proved a winning strategy as the Support Hub has received very few phone calls.

What has happened though, is that many unofficial mini support networks have been formed. Groups of neighbours supporting each other with shopping, prescription collection and other tasks. Online shopping slots have been quite scarce, but when the excitement of booking a slot is realised, the word spreads and one delivery has been known to supply five households! News on whereabouts of precious commodities ranging from flour to compost has been shared, and expeditions to acquire these precious items organized, all within government guidance of course.

Other aspects of Garway life have continued even if in different formats.

The monthly quiz has been adapted and now instead of being in The Moon accompanied by a drink, participants join in from their own home and these are being held more frequently.

Garway Book club has met and discussed what everyone has been reading using Zoom technology.

Church services have been led using Youtube and Zoom technology and also it is possible to follow an Iona style service, all details available on the St Weonards benefice website.

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The Spice Girls have a weekly catch-up via Zoom on a Monday evening. This has been welcomed by those self-isolating and really missing seeing and talking to other people. Different hairstyles have been noted, and it is always good to find out where it is possible to obtain supplies of various commodities. It is also a popular way of catching up on village gossip. We are all very proud of ourselves for mastering the technology!

The Parish Council have also met virtually using technology and after some initial hiccoughs the business was conducted successfully!



The parish magazine is now in electronic format and being distributed far and wide to Garway residents and includes a fascinating array of interesting articles.

I understand that Garway Heritage group committee have also had a virtual meeting.

The Moon is supplying a safe and excellent takeaway service.

Garway school has been offering superb support to children from essential workers since the beginning of lockdown including school holidays. They are now able to take children from some of the school years. It must be a very reassuring sight for the children to be welcomed at the gate by their headmistress.

'Clap for carers' on a Thursday evening featured the launch of a rocket each week to conclude the clapping. Some weeks we had horns and bells as well as saucepan lids. I managed to break my wooden spoon one night! It was interesting listening to various different sounds being emitted from all points North, South, West and East.

VE Day was celebrated with Garway residents having afternoon tea in their front gardens or in some cases glasses of bubbly or red wine toasted at a suitable distance to appropriate background music, all very convivial. Several houses were suitably decorated with bunting and flags, and the day ended with the last of the supply of rockets being launched.

Kelsmoor dairy is supplying milk to Broad Oak garage, but also some Garway folk are enjoying a walk to the farm to collect their milk. We are certainly enjoying this aspect of lockdown. It has also been really good to see the cows grazing on the common and even some new arrivals appearing.

Several villagers are selling eggs which is great to be able to shop local. There has also been exchanges of tomato, pepper, courgettes and other plants.

These snippets of how Garway has adapted to this strange world we are currently living in show that The community spirit is alive and very well in Garway. **Sue Thomas**

Garway School and preschool message to parents

What I can tell you with absolute certainty is that Garway School and Pre-school staff are working tirelessly to support your children. This has involved reinventing our school, establishing remote learning practices and providing childcare for specific groups of children, including those who have a key worker parent. We are currently catering for children in school alongside those who are learning at home. We have had to respond to seemingly endless guidance and updates from the government, most of which have arrived after the latest initiative has been announced to the nation. Protocols and practices to reduce the risk of transmission of coronavirus have been implemented at breakneck speed. The pressure on schools has been immeasurable, and ahead lies one of the most challenging autumn terms and new academic years we shall ever face. We probably have not, and will not, have got everything right along the way, but rest assured we have the children's best interests at the heart of everything we do.

Julie Jones, headteacher

Garway Pre-school 5 days a week, 8 am-3:30 pm

For children from 2 years to rising 5s.

The time has come to think about booking your Pre-school places for September.

If you would like more information on what we offer at Garway or booking forms, please get in touch.

Tel: 01600 750273 email: admin@garway.hereford.sch.uk

website: <https://www.garwayprimaryschool.co.uk/Pre-School/>

All children who are at least 3 by September will be entitled to 15 hours funding for Pre-school, and if you meet the requirements you may be able to claim for up to 30 hours. You will need to register with HMRC to get these extended hours. Follow this link to the website:

https://www.herefordshire.gov.uk/info/200207/family_support/452/childcare for more details on funding.

Garway Heritage Group

The Garway Heritage Group (GHG) was created to explore the rich and diverse heritage of Garway and the surrounding area and to make its work available to others who may share our interests.

<https://www.garwayheritagegroup.co.uk/>

For the time being, we will be posting some pieces on an irregular, more or less frequent, basis depending on what you send us – whether you are a Garway Heritage Member or not, you are welcome. These will offer a little more depth to previous talks, reminisces of World War 2, looking to the future post Coronavirus and more. Please send them to me, the chairman – liz@fouracretrust.org.uk

Garway Book Club

The book club met on June 3rd in a different format, both content and venue: we met in our own homes via zoom and each brought a book to recommend, rather than all reading the same book, and meeting in *The Moon*.

This is the list of books (with summaries from Goodreads), in case others might also like to enjoy them.

1. ***Four Seasons in Rome***, by Anthony Doerr

Doerr, well known for his best-seller "*All The Light We Cannot See*", returned home from hospital after witnessing the birth of his twin sons to find an offer of a bursary to spend a year at the American

Academy of Rome. Three months later he and his wife flew to Rome with their boys, and this book chronicles their year, which included the death of one pope and the election of another. The language is poetic and appealing and a cut above the usual travelogue.

2. ***The Nice and The Good***, by Iris Murdoch

Iris Murdoch's richly peopled novel revolves round a happily married couple, Kate and Octavian, and the friends of all ages attached to their household in Dorset. The novel deals with love in its two aspects, the self-gratifying and the impersonal.

Lots of characters to keep tabs on we were told!

3. ***The Running Hare: The Secret Life of Farmland***, by John Lewis-Stempel

Written in exquisite prose, *The Running Hare* tells the story of the wild animals and plants that live in and under our ploughland. It is told through the eyes of a man who, "took on a field and husbanded it in a natural, traditional way, restoring its fertility and wildlife, bringing back the old farmland flowers and animals. John Lewis Stempel demonstrates that it is still possible to create a place where the hare can rest safe."

Lewis-Stempel is a local writer. A gentle book to dip into.

4. ***The Girl with the Pearl Earring***, by Tracy Chevalier

Tracy Chevalier transports readers to a bygone time and place in this richly imagined portrait of the young woman who inspired one of Vermeer's most celebrated paintings. History and fiction merge seamlessly in this luminous novel about artistic vision and sensual awakening. *Girl with a Pearl Earring* tells the story of sixteen-year-old Griet, whose life is transformed by her brief encounter with genius...even as she herself is immortalized in canvas and oil.

The book is well-known as a film, and has been dramatized on Radio 4.

5. ***The Seven Sisters***, by Lucinda Riley

Maia D'Aplèse and her five sisters gather together at their childhood home, 'Atlantis' – a fabulous, secluded castle situated on the shores of Lake Geneva – having been told that their beloved father, the elusive billionaire they call Pa Salt, has died. Maia and her sisters were all adopted by him as babies and, discovering he has already been buried at sea, each of them is handed a tantalising clue to their true heritage."

There are seven books in the series, based around the Seven Sisters of the Pleiades. Page-turning historical fiction, and plenty of books to keep you going!

6. ***The Secret Intensity of Everyday Life***, by William Nicholson

The book is set in a Sussex village, and features the middle class lives of a selection of its inhabitants over a span of six days in May 2000, written in a multi-point of view, third-person present tense style.



Orcop

Margaret Fletcher and her team of volunteers have worked enormously hard to clean and prepare the church for opening. St John the Baptist Church is now available for private prayer. Please follow the guidance to keep safe.



Not surprisingly, recent conversation has been dominated by coronavirus, almost to the exclusion of every other subject. The normal favourite topic of conversation, namely the weather, has hardly been mentioned. Had it not been for the pestilence, the media would have been full of weather news because the meteorological conditions have been truly extraordinary. In fact, the weather went into lockdown just like we earthlings.

February now seems a distant memory, unless you were unfortunate enough to be flooded, in which case you will still be drying out. The month produced 207mm of rain (over 8 inches). Of this extraordinary monthly total, 130mm fell in 8 days and 70mm over just 36 hours on the 15th and 16th.

March produced 52mm and April 43mm of rain, so nothing very unusual there. Then the elements went into lockdown!

In May it rained on only 3 days, producing a meagre 3.6mm and the dry conditions persisted into early June, to the growing consternation of farmers and gardeners. As I write this (11th June) it is raining heavily, so I reckon there is a progressive easing of lockdown in the heavens as well as down here.

If so, we should be in for a bumper hay crop. **Peter Garratt**

A book recommendation

I am a very, very slow reader, which means it takes me a very, very long time to get through a book. There is a dyslexic element in our family, and although I've not been assessed myself, I suspect I carry some genetic responsibility. So, if I am to make it through to the end of a book, then it has to be sufficiently compelling to keep me engaged; the story has got to be interesting and the journey worthwhile. I definitely lean towards non-fiction as there are so many 'things' I want to know more about.

Before we came to this part of the world, we lived fairly close to Oxford and I had cause to go into the city centre on a weekly basis. Once there, I couldn't resist the pull of Blackwells - the university bookshop. As you might imagine, catering for the vast range of subjects studied at the various colleges, it had books about everything under the sun – and beyond. The whole place buzzed and set me a-tingling. I could *feel* the enormous amount of information contained in that one place and would sometimes just stand there wishing I could find a way to absorb it by some sort of osmosis.

Rather frustratingly, I don't even remember half the facts and figures of the subjects I read about. I don't have that kind of brain. My older brother always read encyclopaedias and remembers everything – I hate him – but he's ok if on the same quiz team! But I do absorb the essence of what I read, and sort of retain it in my cells.

So, after several weeks, I have just come to the end of '*Braiding Sweetgrass*', and I am missing the world that it took me into – until I remember that it is here all around us.

Robin Wall Kimmerer is a plant scientist and Professor of Environmental Biology, living in New York; her blood is that of the indigenous people of that area. And this combination makes for a powerful heart-felt voice. She

writes beautifully and evocatively as she blends aspects of her personal story with that of acutely observed details of plant life and the wisdom (and treatment) of her ancestors.

As an 'Indian' girl, many of the teachings from her ancestors had been almost eradicated. Her grandfather had been taken from his family, as most were, and sent to a harsh boarding school where the native language, ritual, prayer and tradition were banned and could be obliterated forever by the Settlers, who had other ideas.

After her 'formal' education, and alongside her career, she later felt the need to rediscover and reclaim all that had been taken from her and set about looking for the fragments that remained of the 'old ways'.

In *'Braiding Sweetgrass'* we are offered Creation Stories, Plant Wisdom, scientific insight and many ways to honour and respect the life of all beings on this planet. This includes people, plants, animals or the land itself - where there is always enough – while we hold to the 'original covenant' of reciprocity.

"The moral covenant of reciprocity calls us to honour our responsibilities for all we have been given, for all that we have taken."

I found this a delightfully enlightening book, and in gratitude, and inspired by a poetically, scientific chapter, I have created a new bed in my garden where I'm experimenting with the 'Three Sisters' way of growing sweetcorn, squashes and beans together. It, of course, requires me to plant it, and nurture it to some extent, but essentially they look after each other. The corn provides climbing support for the beans, the squashes provide ground cover and they all share the nutrients between them.

I had thought this might be a slightly obscure book – and then found it reviewed in a colour supplement magazine a couple of weeks ago. As for the Three Sisters, Monty Don was demonstrating this very technique on Gardeners' World last night. So, maybe some of 'the old ways' are now being called back into the world.

Gill Bannerman

Coming Round From the Covid Chaos. Some thoughts.

There is a time, when recovering from an illness, when you know the worst is over, but still you feel weak, disorientated, not sure what it was that occupied your daily life before the illness overtook it.

I think that collectively and individually we are now in that stage of recovery from the Covid Chaos. Not sure what we want, irritable, fractious, not yet well, but not now ill enough to lie still and wait for recovery.

This will be different for each of us. For some, this has been a time of enforced idleness and for others, hugely demanding activity.

But now, there is change in the air.

Maybe this is the time to take stock of what we have each gained in this time of lockdown and what we have lost. What have you really missed? What, once it was not available, have you recognised was immensely valuable to you? And conversely, what have you found really precious about the time we are going through? These questions need to be addressed for each of us individually before we can create a new way of living as a society.

I would like to suggest that it is worth taking time now to really think about these questions, before the old habits and activities become normal again. Maybe write down the answers to the two questions above and then think about how you can forge a way of life that incorporates your deepest dreams. This is not a selfish thing to do. People living from their hearts are the ones who can create heartfelt patterns in the community around them. Let us take this moment at the brink of change to dream of, to plan for and to make real the way of life we would like for ourselves and for the world.

And beware. There is another agenda out there. There is always a push towards creating unawareness; lockdown in our hearts and minds. When you read news or hear the posturings of our parliamentarians, listen with your heart alive.

Do you know the story that Oliver Sacks tells of two groups of people listening to a political broadcast? Both of them had neurological conditions: One group could understand the intellectual content of speech, but not the

emotional nuances, the other group couldn't understand the content, but could grasp the emotional and psychological intentions. Both groups found the political broadcast hilarious.

Separate out the words you are hearing from the heart intention underlying what is being said and keep trust with your own heart's truth. Anger and fear are the opposite of love, don't allow them to cloud your judgement. It is also important to stay as long as necessary in the place of not knowing, of being unclear about what is going on or what your own response to this situation really is. This is not a fashionable thing to acknowledge, but it is from this unknowing that the unexpected and the precious new insights emerge.

Go well and with peace.

Viv Ray

Tretire with Michaelchurch & Pencoyd

Hello everyone,

Thankfully not much to report from this neck of the woods as we all remain semi-isolated. As I write the wet stuff has at last arrived, who could have imagined at the end of March that we would ever wish for rain? Of course it has been wonderful to be able to garden, sit outside or walk in the dry and Vitamin D from sunshine is supposed to be a good defence against the "Beast".

There seems to have been an upsurge in bird watching and sharing sightings with neighbours. The cygnets were a big draw about a month ago and others, as well as our common garden birds, include a pair of Kestrels, a Barn Owl, Spotted Fly Catchers and on one day about a dozen Red Kites soaring up on thermals, so high they disappeared from sight. One of the great excitements was when we heard a Curlew, not heard here for many years. Our regular birds and the visitors have, I think, all had at least two broods, certainly the Chiffchaffs who have been very busy. On the last really warm evening we came back from a picnic on Garway Hill and decided to have our coffee in the garden, even though a bit of a chill had already arrived. We sat on the bench with the residual heat radiating from the stone wall of the house watching the evening changing of the guard between the swifts, screaming crazily and chasing round the sky, and the bats. Magic!

Even though the official "Clapping" has now finished, we continue to go out on Thursday evenings at 8pm and clap for all our wonderful local people who are still working hard for our community and it is a way of keeping in touch. Sadly the flock of sheep are no longer in the field to appreciate Peter's clarinet pieces!

One day soon we hope we shall get back to some semblance of normality but until then stay safe, sane and well.

Liz Everall



News from Councillor Toni Fagan

I did mention at the last meeting that I have been working on fundraising for Llanwarne Village Hall and am delighted to say that we have secured £10,000 from Awards for All, and other applications are out. As part of the process we have a Crowdfunder page and it would be wonderful if you could please share this far and wide through all your contacts, I firmly believe that village halls will be a crucial part of community recovery post lockdown and we really want to make Llanwarne's fit for purpose.

<https://www.crowdfunder.co.uk/keepwellkeepwarm>

Hentland

HENTLAND CHANCEL CONSERVATION

To bring you up to date

As I write, on 12th June, Jeff the carpenter is finishing off his week's work on the chancel roof, mainly splicing new wood into a rafter which had rotted badly (probably from a leaky roof many years ago) and replacing a length of the wall plate on which it rests. This will enable the roofers to return next week, who will probably have finished rebuilding the roof by the end of the week. So by the time you are reading this, the new roof will be in place, including a large number of new sandstone tiles.

Next, the scaffolding which has surrounded the east end of the church for over a year now, can be dismantled, which will clear the way for digging a French drain all round the chancel walls. There are some old graves quite close to the east wall and an archaeologist will be required to attend the digging to identify any bones and arrange their reburial. The French drain is a trench up to 2 feet deep filled with coarse rubble at the base, graduating to shingle at the top; and the purpose of this one will be to draw out moisture which has penetrated the lower level of the chancel wall and disfigured the paint on the dado round the south and east walls.

Next, the craftsmen from Sally Strachey Historic Conservation Ltd ('SSHC') can return to the interior where their first task will be to repair and redecorate the large section of plaster which has fallen from high up on the wall to the left of where the decorated great pipes of the 1869 Walker organ will be reinstalled. The dado can be repainted when the moisture can be seen to have been eliminated, and the refreshing of the wall decorations completed.

When the chancel was cleared of all furniture to make way for the work, with the choir stalls removed, the elaborate two-level floor of encaustic tiles was fully revealed, the lower level being by Godwins of Lugwardine, while the upper level beyond the rail was found to be by Chamberlains of Worcester which are rarer. Chamberlains, who manufactured porcelain ornaments and tableware, including a large dinner service for Lady Hamilton, Lord Nelson's friend, moved into encaustic tiles in the 1840s to meet the demand created by the widespread refurbishment of medieval churches at the time. With John Pollard Seddon's decorated scheme at Hentland dated 1853/4, it is reasonable to suppose that the floor was part of his concept, although sadly his designs have never been found. It is tempting to think that it may be possible not to replace the choir stalls when all the work is done, to leave the floor uncluttered and the tiles clearly revealed.

Once SSHC's craftsmen have finished, it will be possible to start rebuilding the Walker organ and, it is hoped, to have it finished and playable in time for the carol service in the second week of December. Dr Roy Massey, the diocesan organ adviser, who has looked at it and played it, has described it as 'a little gem that people will want to come and play.' *Robin Symonds*

Hoarwithy

St. Catherine's Hoarwithy is open for Private Prayer from 16th June on Tuesdays and Fridays from 3.00pm to 4.00pm.

Another view/walk from Australia near Canberra as cooler weather approaches



Last month my friend in Australia sent me a picture of her walk during lockdown. This is at the end of that walk! Last week she met friends in a café. What an excitement! **Fiona Mynors**

A Reflection on the Intelligence of Jackdaws

We have Jackdaws nesting in our barn this year, for the first time.

This has proved to be a mixed blessing:

Positives: They are entertaining in their antics and constantly trying to fend off marauding crows, which are probably after their eggs or young (more competent ornithologists may have better informed opinions).

Negatives: They are noisy (hardly melodious), messy (sticks all over the place) and they seem to have frightened away the swallows that usually nest up there.

For further insight into the habits of the jackdaw I referred to my favourite bird book, "British Birds in their Haunts" by the Rev. C. A. Johns, first published in 1861. I have the twenty-fifth edition, published in 1948, which I was given in 1961. Here I found this lovely explanation of the awful mess left in the process of nest-building:

Wonderful is the variety of objects which it accumulates in its museum of a nest, which, professedly a complication of sticks, may comprise also a few dozen labels stolen from a Botanic Garden, an old tooth brush, a child's cap, part of a worsted stocking, a frill etc. Waterton (in "Essays on Natural History", First Series, p.109), who strongly defends it from the charge of molesting either the eggs or young of pigeons, professes himself unable to account for its pertinacious habit of collecting sticks for a nest placed where no such support is seemingly necessary, and, cunning though it is, comments on its want of adroitness in introducing sticks into its hole: "You may see a jackdaw", he says, "trying for a quarter of an hour to get a stick into the hole, while every attempt will be futile because the bird, having laid hold of it by the middle, it is necessarily thrown at right angles to the body, and the Daw cannot perceive that the stick ought to be nearly parallel with its body before it can be conveyed into the hole. Fatigued at length with repeated efforts, and completely foiled in its numberless attempts to introduce the stick, it lets it fall to the ground and immediately goes in quest of another, probably to experience another disappointment on its return."

Our young jackdaws have flown, so I can now sweep up all the sticks from the barn floor in the confident knowledge of why they are there.

Perhaps there is a lesson here for us all? **Peter Garratt**

A poem

I imagine that many of us have been finding time, over recent weeks, to read rather more than we might usually have time for. I've spent some time finishing a number of books that have been half read for ages, and also reading some books which have been faithfully relaxing on my 'to read' mountain for way too long. A few weeks ago I took a selection of my favourite novels off my bookcase to send to my nephew, locked down alone in London and needing some ideas on books he might like by authors he wasn't yet familiar with. My sister gathered up a bag of books to take to our mother, to ease the loneliness of lockdown.

Maybe we all have books which we could share with others, stories we've enjoyed, biographies that have entertained us, essays or history or nature writing to become absorbed in, travel writing to create dreams. Sharing our well-loved books – or our challenging books – with others is a gift we can all give to help one another along in our lockdown life.

With the love of books in mind, here's a poem called *The Bookcase*.

The Bookcase – by Elizabeth Cathie

Thick wood
shining with age
a small gathering of dust around the edges

solidly rooted
an air of permanence
small precious items tucked into spare corners

humble object
and yet majestic
content with the task assigned to it

a treasure filled with

murmurings of myth and magic
letters of life and love
notes on nature and nurture
albums of adventure and action
stories of saints and sinners
tales of tempest and treason
words of wistfulness and wilfulness
sentences of seduction and sensation
pages of power and persistence
chapters of chunnerings and chatterings
books of bravery, boldness, brashness,
bashfulness, brazenness,
brokenness
the heart of the room
the bookcase

!!!! Chuckle Section !!!!

Robin sent this:

I have remembered an old limerick from 'The Lawyer's Handbook' of at least 70 years ago, which another lawyer passed on to my father:-

There once was a musical juror

Who sang an appoggiatura.

The judge said 'Ahem! Atque post equitem

Three weeks for contempt – sedet cura!

Anyone for Tennis?

Oldest tennis Club in the UK? Wimbledon, you might answer.

But no, 'tis the Avonwick Lawn Tennis Club in Devon, just south of Dartmoor.

Our son is a tennis player of modest accomplishment and has just joined. He was so impressed that he penned the following account of the club and his joining:

'Feeling Federer up with lockdown I Nadalled up the local tennis club. I was Samprassed to find that it was very Andy and I could Murray there for a quick game. There isn't a Serena spot for a game. It's Perry beautiful. I Sabatini amount of practice to do having not pursued a Jim Courier in it, but I've Navratilova it stop me from Mcenroeds and Rafaeling a few feathers. I'd Becker get back to work now, Agassi I'm getting carried away.'

Can't imagine where he gets his peculiar sense of humour from.... **Peter Garratt**

There was an old woman of Garway
Who was generally thought to be barmy
She kept two little goats
Two rabbits, four stoats
And took them for walks around Garway

Robin

Quarantoon A granny and a dog surviving isolation during the Covid-19 pandemic in 2020



What do these words all have in common? Answer at the end of the newsletter.

1. Banana
2. Dresser
3. Grammar
4. Potato
5. Revive
6. Uneven
7. Assess

Q Pete who works in the butcher's shop is 6 ft tall and wears size 13 shoes. What does he weigh?

A Meat.

Q In California, you cannot take a photo of a man with a wooden leg. Why not?

A Wooden legs cannot take photographs: a camera is needed!

A Story

In the late sixties I lived in a small Sussex village. Back then it was off the beaten track, had two pubs (of very differing natures a Church of England primary school, both a Roman Catholic and an Anglican Church, a fair cricket team and an excellent village green. I visited briefly a while back and felt as though 'my' village had been hijacked by strangers who had completely changed its soul.

Since that visit I have been reminiscing over some of the more memorable incidents during my occupation and thought that just maybe others might find them of interest.

Anyway here goes !

ANYONE FOR RABBIT PIE ?

It was New Year's Eve, very cold and I was in excellent company in the pub next door to my cottage. There was an open fire, good beer (King and Barnes) and the sort of noisy good humoured atmosphere that encourages tale telling and tall stories. Toward the end of the evening and as the midnight hour approached the conversation turned to ferreting and I was asked by a good pal if I would like to accompany him the following morning, New Year's day, and help to ferret out a particularly 'rabbity' bit of ground on his farm.

The festivities continued, and given the depth of snow outside the pub, and the improbability of a visit from the constabulary the landlord had decided not to ring the 'going home' bell. A good deal of beer later we, my ferreting pal and I, left the pub and trudged through the snow to my cottage where I was persuaded to produce 'egg banjos', fried egg sandwich, and coffee. At this point it was decided that given the time, and the fact that the sun was already, rising there was little point in going to bed at all and that we should wait an hour or two and then go ferreting. We had both consumed more beer than was probably good for us, so it was decided that it would be wise to restrict our activities exclusively to the laying of nets and not take shot guns. I seem to remember thinking this an excellent move because I already had the beginnings of a 'King and Barnes' head.

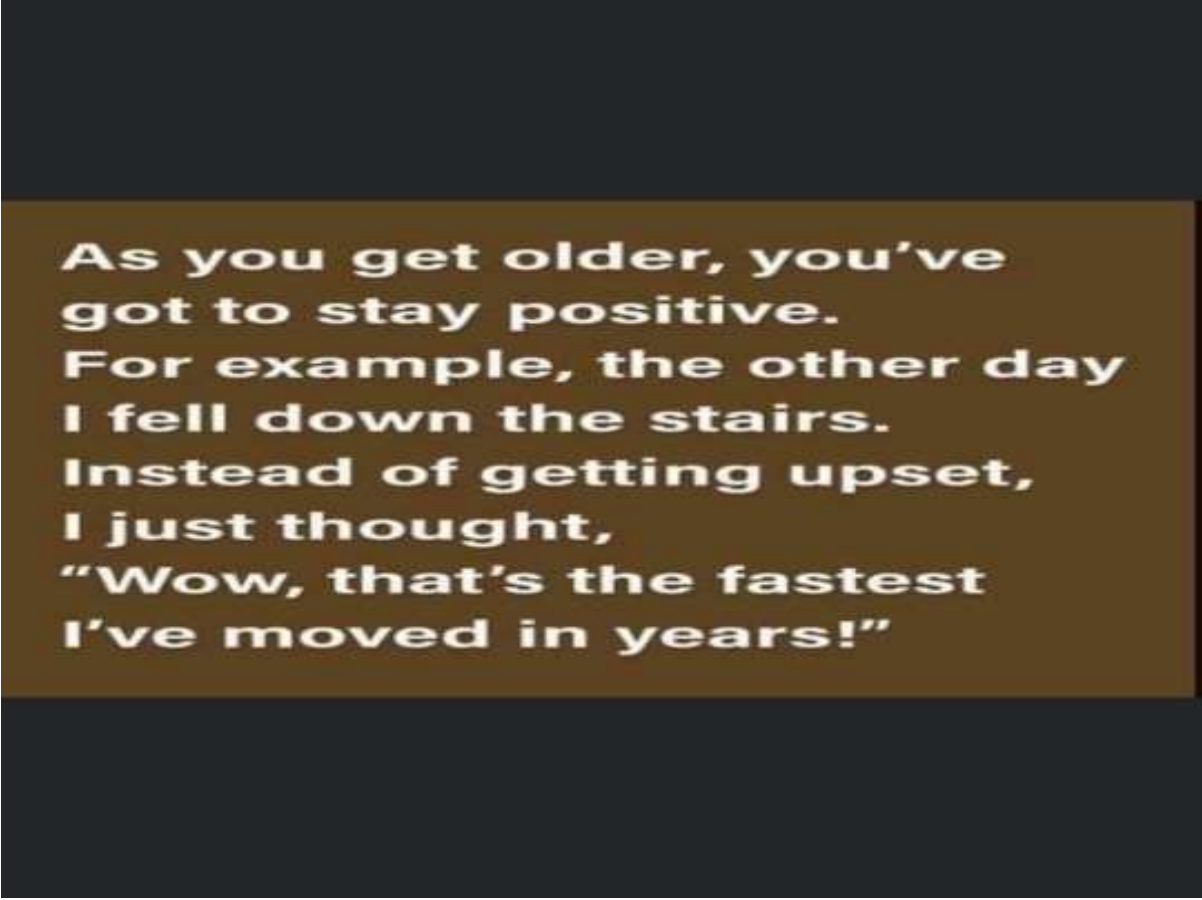
My ferrets lived in a very cosy hutch over a cleaned out coal bunker which they had great fun visiting via plastic water pipes installed for that purpose. They really were the tamest of animals and were a pleasure to work, unlike my Pal's ferret which was a vicious creature. However he insisted that he take his ferret as he said it needed a run out, so mine were left undisturbed. I gathered all the usual paraphernalia needed - nets, spade, game bag, terrier (optional!) and together we walked across snowy fields to the farm where John collected his ferret 'Barney' and placed him comfortably in a straw filled carrying box. We then walked on to the chosen site, which in essence was a stretch of stock proof hedge about 20 yards long.

The nets were then laid and pegged over all of the visible rabbit holes, this being undertaken in absolute silence and using sign language only to indicate likely bolt holes. Stealth and silence is advisable when ferreting, as any noise may prevent the rabbits bolting into the net and the ferret getting an opportunistic feed, and subsequently curling up and having a nap. This can mean standing around for lengthy periods waiting for your ferret to reappear - not something you want to do on a very cold and icy New Year's Day !

John had taken station on one side of the hedge and I was the other. He gave me the thumbs up and so we both stood ready to dive to a net should a rabbit bolt. We knew there were rabbits down there because we could see where the snow had melted from the warm air exiting the burrow. My feet were becoming so cold they were painful and stamping to get the blood flowing was out of the question. After 20 minutes or so John mouthed to me 'any sign?' I shook my head. After another 10 minutes he asked in the same way whether I had seen the ferret (often they pop in and out of the burrow and nets have to be reset). I shook my head again. At this stage my feet were becoming unbearably cold and my 'King and Barnes' head was thumping. Then John asked where I had put the ferret into the burrow - yep you've guessed it Barney the biter was still curled up in his nice warm box.

I never admitted to anyone that John and I had stood in the Snow on New Year's Day looking at one another over the top of a hedge. But unlike the ferret, I suspect someone let the cat out of the bag, as for weeks afterwards my visits to the pub were met with vague references to rabbit pie followed by much muffled giggling.

Les Phillips



As you get older, you've got to stay positive. For example, the other day I fell down the stairs. Instead of getting upset, I just thought, "Wow, that's the fastest I've moved in years!"

Nature Notes

Have you been watching Springwatch seeing which species hatch or suffered a different consequence and compared them to your own garden birds? A blue tit family hatched a few days ago, while last week eight great tits fledged from their nest in an old gate post. A flock of tiny long tailed tits also grace the garden with one young robin and a few blackbirds. In the conifer tree a ring collared dove sits tightly. We have also had visits from bullfinches, on one occasion a tree creeper and for two weeks a calling willow warbler and a scratchy singing whitethroat. The red poker flowers are in full bloom and are again visited by a great spotted woodpecker sucking the nectar. In a local garden a friend watched a song thrush smashing a snail on the patio until a grey squirrel came bounding by and made a lunge. Was he after the snail or the song thrush.

The final bird nesting in the garden is the tiny goldcrest nine centimetres long and weighing the same as a five pence piece. Its smallness is an advantage to the goldcrest as sparrow hawks ignore them being only a morsel, but also being small lets them into their own bird world niche without any competitors for food. Its size also

allows it to squeeze between the pine needles and find micro bugs other birds can't reach. Its long thin bill is sharp enough to take eggs or cocoons off the bark and it catches mainly springtails, aphids, insect eggs or minute spiders. It is estimated they spend 95% of their daylight hours foraging for food and they can quickly lose their body weight up to a fifth at night when there are not even active. On cold winter days they must keep active feeding constantly, although they can survive for a short while in extreme cold weather with the temperature down to -25 C. They usually huddle together at night to keep warm. Both male and female are involved in the nest construction of moss, feathers and cobwebs which is slung high up underneath the upper branches making it difficult to locate. Goldcrests can get entangled in spiders' webs, some travel over from Scandinavia and Germany to spend the winter here so look again at these small mites and be amazed at their busy intricate lives. **J. R. Pullen.**

BOOK REVIEWS

***Go To Sleep*, by Helen Walsh**

Not for the faint-hearted this book – and certainly not for anyone who is pregnant for the first time.

Rachel Massey is pregnant after a one night stand with a former boyfriend from her teenage life – her first love, all the more appealing to her as he breaks the boundaries of her life with her academic father and snobbish mother. Ruben is from the wrong side of the tracks – and he is black. What more perfect combination to assert her independence?

When she meets him many years later, she is a competent social worker in the field of troubled teenagers, self-confident, and finding herself pregnant, she determines to go it alone. Surely she can do this thing?

Central to the narrative is the effect of lack of sleep on the brain – every parent knows about this; the desperation of broken nights driving black thoughts to the surface.

Rachel's response, on each occasion when she is driven to the edge, is to run; and there are endlessly repeated passages of her walking the same Liverpool streets, having abandoned her baby Joe, with or without someone there to care for him. To give Walsh her due, she manages to describe these same streets in different words each time – well, almost.

As a visceral depiction of post-natal depression, with psychotic overtones, this book is highly successful. But Rachel is not an appealing protagonist, even before her PND kicks in.

If you want a more sensitive, but equally honest, depiction of new motherhood try *Night Waking* by Sarah Moss.

***Saving Missy* by Beth Morrey**

Seventy-nine year old Millicent Carmichael (Missy), now alone and adrift in her imposing but crumbling house, is struggling to reconcile the sacrifice of her own academic career for the sake of her two children and famous writer husband Leo. She looks back with sadness: her son and adored grandson live on the other side of the world; her daughter is estranged from her; finances are stretched and a purpose in life seems hard to find.

A chance encounter in the local park introduces three off-the-wall characters into her life: Sylvia, Angie, and little Otis, Angie's son. Missy also finds herself drawn into the dog-walking fraternity; and finishes up with an "adopted" dog, whom, after initial misgivings, she grows to love.

In the course of the following few months, Missy finds herself sucked into the life of the community and a new role for herself as babysitter for Otis, and volunteer at the local library.

This is a heart-warming book, as Missy blossoms and finds purpose in her life under the wing of her new-found friends. And we hear about her wilder undergraduate days and her squandered academic potential. This is a book full of the regrets that beset us all as we age, but the hope of second chances is contained within its pages. I guess it is a teensy bit twee to an old cynic, but just allow yourself to be swept along and you will come out smiling.

There is a twist at the end which I found heart-wrenching – but no spoilers here!

Hilary Smallwood



Garden Notes

Perhaps it is my imagination, but I am sure that everything is flowering more abundantly this year. The lilac trees put on a particularly beautiful show and the flowers lasted far longer than normal, even our old white-flowered tree which is generally such a disappointment. The roses started flowering very early and I am particularly pleased with 'Sally Holmes' which, with its huge ivory single flowers opening from apricot buds, is the best it has ever been.



The Sweet Williams are glorious this year and I will be so disappointed when they are over. I have always grown them as biennials but strictly they are short-lived perennials lasting three or four years. This year instead of digging them up, I may cut them right back and hope that I get as good a display from the same plants next year. If I do dig them up I will replace them with clary (*Salvia viridis* 'Blue Denim'). With its intense blue bracts, it will provide a lovely contrast to the oranges and browns of Rudbeckia 'Rustic Dwarfs' which I have just planted out. Like the Rudbeckia, it provides colour for such a long period that it is well worth including in summer planting schemes.

We all make mistakes and in my enthusiasm to use up all my old seeds, I sowed wallflowers at the same time as everything else. I have no idea what I was thinking as I should have left that job until July or even August. Now I have dozens of floppy plants which are already showing flower buds. I have produced weak plants that will flower far too early. I may dot them around amongst the Rudbeckias as they seem intent on flowering this year, and then start again with a fresh batch of seed in July to produce plants which will flower next April/May.



Our neighbours are growing vegetables for the first time and the conversation over the fence has become mildly competitive. ‘I know you gave us the plants in the first place, but I am sure our sweetcorn is looking much better than yours!’ but also “Look at your peas. Ours don’t look anything like that.” It’s all very good-natured and that extra challenge to produce better vegetables than next door adds a bit of fun to the hard work. We always say that gardeners are generous people but this year that seems to be particularly true with spare plants being passed on and even passed on again if there are still some left over. Our leeks came from next door and were left over from a generous amount they received from the couple down the lane. Our spare tomato plants and various brassicas went to neighbours on both sides. Talking of brassicas, the diligent novice gardeners next door sensibly put collars around all their brassicas to protect them from cabbage root fly. And who didn’t bother? In all the years of growing brassicas I’ve never had a problem with that particular pest. And whose purple sprouting plants started to ail as soon as they were planted? We lost half a dozen and hurriedly made cardboard collars for the rest. That’ll teach us!

If you are missing visiting gardens normally open to the public, why not try the virtual garden tours that have been included on the NGS website. Owners have created films of their gardens and they are a lovely way to while away a rainy afternoon. I particularly enjoyed Alan Titchmarsh’s very beautiful garden in Hampshire and also a tiny jungle of a garden in Kent which is full of lush exotic foliage. Some of the filming is a bit shaky and the sound quality is not good, but it is lovely to escape into such beautiful gardens.

Julie Davies

POTS AND PAINTINGS UNLOCKED!



Kathy Priddis 2020 SHOWS Coming up in June

Sat 28th June: 1 day Craft & Plant Fair

Ralph Court Gardens HR7 4LU

10am-5pm - Take away foods

28th June to 12th July

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www.isabelsbakehouse.com

Raspberry Bakewell Tart

Pastry:

- 200g Plain flour
- 100g butter
- A cup of cold water
- A sheet of baking paper
- Baking beans
- 8 inch fluted tart tin

Filling:

- 150g ground almonds
- 100g self raising flour
- 150g caster sugar
- 2 eggs
- 100g butter
- ½ tsp almond essence
- 150g raspberry jam
- 1 punnet fresh raspberries
- 30g flaked almonds

Method

1. Heat oven to 200C/gas 8.
2. **Pastry:** rub the butter into the flour using your fingertips until it resembles breadcrumbs. Add a few teaspoons of cold water to the mix until it forms a dough.
3. Roll out the pastry and place into the tart tin. Chill in the fridge for 30 minutes.
4. Place a sheet of baking paper over the chilled pastry and pour in a layer of baking beans. Blind bake at 200°C for 15 minutes. Remove the baking paper and baking beans and bake for a further 5 minutes until the pastry has dried out.
5. **Filling:** Soften the butter. Place the butter, ground almonds, flour, sugar, eggs and almond essence into a bowl and mix for 3 mins until creamy.
6. Spread jam onto the pre-baked pastry case. Sprinkle on ½ of the fresh raspberries.
7. Spread the Bakewell filling on top of the jam and smooth off. Sprinkle on the flaked almonds and push the remaining raspberries into the top.
8. Bake for 30-35 minutes until golden brown and baked.

HEREFORD CIVIC SOCIETY

Hereford Civic Society is concerned about all aspects of the built environment and the civil society which lives here. We liaise with Hereford City Council and Herefordshire Council on relevant matters and reviews all planning applications within the City. We have a non-voting seat on the City Council Planning Committee and we also submit our own comments via the excellent Herefordshire Council website.

Talks and events are advertised through the Society's website and this magazine.

<https://www.herefordcivicsociety.org.uk/about-the-society>

Hereford Civic Society continues to operate virtually!

www.herefordcivicsociety.org.uk especially commenting on latest reports about housing design; and worries about loss of democracy with the suspension of the planning committee.

We still have a few places left on this interesting trip on

Wed 22nd July 2020 Summer Outing Berkeley Castle & Dr Edward Jenner's House & Museum

Leominster Bridge St car park leave at 8.45am. Hereford Merton Meadow car park leave at 9.10am,

Berkeley Castle arrive 11 am - coffee/ tea homemade cake. Guided tour (takes around 75 minutes).

Medieval kitchens, imposing Great Hall, elegant State Apartments, magnificent furniture, rare paintings by Dutch and English masters, Elizabethan tapestries and more. Eight acres of terraced gardens and Butterfly House

Lunch (not included in price) The Yurt restaurant serves snacks and light lunches or bring you own picnic.

Dr Edward Jenner's House & Museum. 30 minute introductory talk - a visionary country doctor who pioneered smallpox vaccination and the science of immunology.

St. Mary's church, notable for its medieval wall paintings, detached 17C tower.

Return ETA Hereford 6.00pm and Leominster 6.20pm.

Cost: £38.00pp Non-members welcome (same price)

Booking: e-mail: David Fowler david693fowler@btinternet.com

post: The Stable Cottage, Kingsthorpe, Herefordshire HR2 8AJ

A couple more chuckles?

Flabbergasted (adj.), appalled over how much weight you have gained.

Abdicate (V.), to give up all hope of ever having a flat stomach.

Esplanade (V.), to attempt an explanation while drunk.

Negligent (Adj.), describes a condition in which you absentmindedly answer the door in your nightgown.

Gargoyle (N.), olive-flavoured mouthwash.

Flatulence (N.) emergency vehicle that picks you up after you are run over by a steamroller.

Balderdash (N.), a rapidly receding hairline.

Giraffiti (N): Vandalism spray-painted very, very high.

Beelzebug (N.): Satan in the form of a mosquito that gets into your bedroom at three in the morning and cannot be cast out.

Caterpallor (N.): The colour you turn after finding half a grub in the fruit you're eating.

Answer to the quiz: I assume you will have worked it out, but just in case not, if you move the first letter to the end and read the word backwards you get the same word again!

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480

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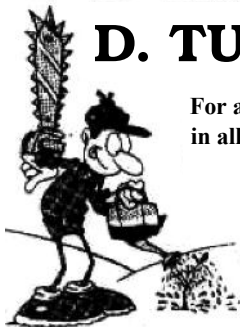
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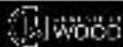
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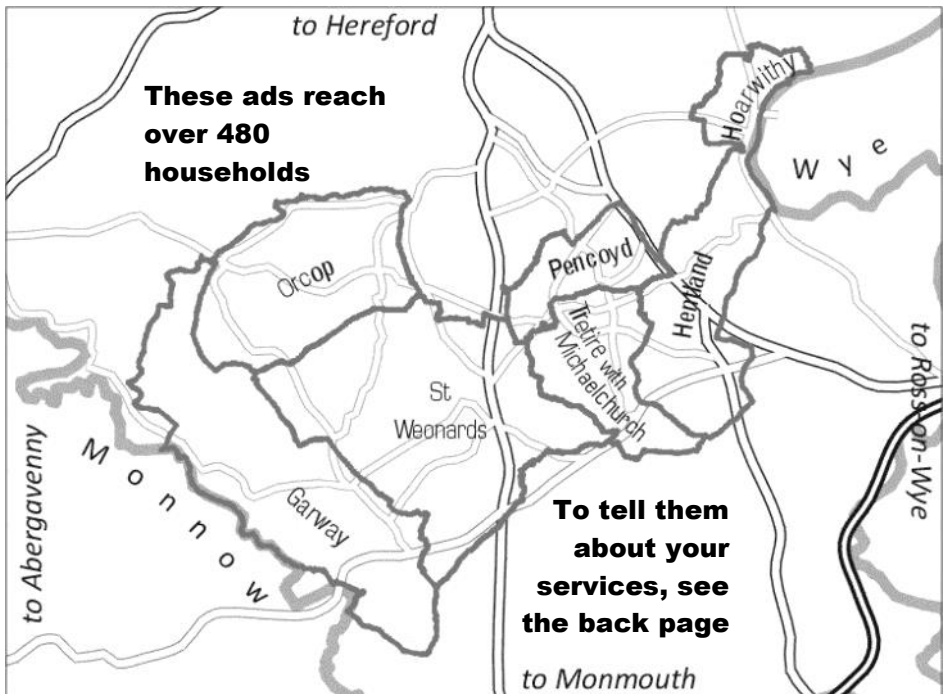
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The advertisements contained within this publication are covered by Copyright.

The copying of any of these adverts without the permission of the Advertiser or the Publisher infringes Copyright Laws.

Would you like to advertise in this space for the rest of the year and support the St. Weonards Parish News at the same time?

See our advertisement rates and sizes table below. Free design service available.

For further information contact Mark by email: stweonards@image.cix.co.uk

Per year	Ad Size	Height (cm)	Width (cm)
£20	Eighth of page	4.8	6.5
£40	Quarter of page (portrait)	9.6	6.5
£40	Quarter of page (landscape)	4.8	13.0
£80	Half a page (landscape)	9.6	13.0
£80	Half a page (portrait)	19.2	6.5
£160	Full page	19.2	13.0